Northeast High School is looking for students who wish to participate in the Frigid Thursday Polar Bear Plunge on Thursday, January 23rd at noon!

Join us for the 11th Annual Frigid Thursday Plunge - an event designed exclusively for school teams who want to brave the Bay and support Special Olympics Maryland. It’s a great way to show just how cool your school is.

Transportation will be provided from school to Sandy Point for all participants and back to Northeast.

Each participant must raise at least $50 to participate but will also receive a Polar Bear Plunge Sweatshirt as well as lunch on Thursday. Additional prizes will be awarded depending on how much you raise.

**** All plungers need to be academically eligible. Your eligibility will be determined by your 1st semester grades. ****

**Directions for Participation Sign Up**

- Go to the Polar Bear Plunge website at [http://plungemd.com](http://plungemd.com)
- At the top of the page, click on the button for “Register”.
- On the drop down menu, Choose “Cool Schools”.
- On the pop up screen, click on the icon that says “Join a Team”.
- Search for “Northeast Frozen Eagles”.
- Click on our team button.
- Select your registration type by clicking on the “+” symbol to create a registration account. Then click the red “Register!” Button at the bottom. “Fundraise to Plunge” means you are going to be collecting money from friends and family. “Pay to Plunge” means you just want to pay the $50 registration fee and not do any additional fundraising.
- Next, you will have to enter all your personal registration information as well as sign a waiver and indicate the sweatshirt size you desire.

Depending on the registration option you chose, you will then be taken to your own personal fundraising website that you can design however you desire. From there you will be able to send emails with links to your fundraising page to family and friends to requests donations. It will track donations and how close to your goal you are for you.
Thanks so much for supporting the Special Olympics of Maryland!

There are several bits of information, as well as forms you need to have to participate.

1. **Every plunger must raise at least $50.** You can do this in several ways.

   a. **In person** – If you are collecting check or cash donations, please turn these items into Mrs. Lebowitz ASAP so that they can be sent in ahead of the plunge. If you need help or have any questions, see Mrs. Lebowitz.

   b. **Online** - via your website. Send emails using the tabs on the top of your personal website and post your direct link to your website for individuals to donate to. Online donations will be reflected immediately on your account.

   Any checks that are written can be made out to “Special Olympics-Maryland”.

   ALL CONTRIBUTIONS ARE TAX-DEDUCTIBLE!!!! If they donate online or mail in the form, they will receive a confirmation email for their tax records.

2. Every plunger must have the **Pledge Form** with the **waiver at the bottom**, filled out and signed by a parent and returned to Mrs. Lebowitz by Wednesday, January 15th.

3. Every plunger must have the **AACPS Parent Permission Slip** also filled out by a parent and returned to Mrs. Lebowitz by Wednesday, January 15th.

*Failure to complete all 3 items on time will result in you not being allowed to participate in the plunge.*
WAIVER AND RELEASE

SPECIAL OLYMPICS MARYLAND
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY, AND PARENTAL CONSENT AGREEMENT (*AGREEMENT*)

In consideration of participating in the Special Olympics Maryland Annual MSP Polar Bear Plunge (“Activity”), I represent that I understand the nature of the Polar Bear Plunge events and that I and/or my minor child am qualified, in good health, and in proper physical condition to participate in such Activity.

I acknowledge that if I and/or my minor child believe event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Activity. I fully understand that Polar Bear Plunge events involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and/or my minor child incur as a result of my and/or my minor child’s participation in the Activity.

I hereby release, discharge, and covenant not to sue Special Olympics, Inc., Special Olympics Maryland, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my and/or my minor child's behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

I give my permission for photographs taken at the event in which my image, or the image of any of my minor children appears, to be used for promotional and/or advertising purposes by Special Olympics Maryland, Inc., without compensation to me or my minor children.

Printed Name of Participant

Signature of Participant (only if age 18 or over)
Signature of Parent/Legal Guardian (if Participant is under age 18)

Date
Northeast High School - FIELD TRIP PERMISSION LETTER

Dear Parents/Guardians:

The grade has been given permission to take a trip to Sandy Point State Park on Thursday, January 23, 2020.

Transportation for this trip will be provided by Jubbs a properly insured carrier. The cost of the trip will be $50 per student. **The cost of the trip will be $50 per chaperone.**

Lunch will be provided. NO glass containers are allowed on the bus.

Please be advised that ALL field trips are subject to cancellation AT ANY TIME by the Board of Education, the Superintendent of Schools or the Superintendent’s designee, when in their sole discretion, cancellation is in the best interests of students and staff. In such cases, parents and students bear the risk of loss for financial or other commitments they have made. The Board of Education, its employees and agents will not be responsible for any losses arising from cancellations.

The group will be accompanied by teachers in accordance with the established ratio of adults to the number of students taking the trip. The students will leave the school at 9 am and return by 1:30 pm. Please sign and return the lower part of this form to the school if your child has your permission to go on this trip.

Sincerely,

[Signature]

Teacher

[Signature]

Principal

Northeast High School

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PERMISSION FORM

Please complete and return to the classroom teacher within five school days.

[Student's Name]

has my permission to go on the school sponsored field trip on Thursday, January 23, 2020 to Sandy Point State Park. I (we) believe that the necessary precautions and plans for the care and supervision of my child during this trip will be taken. I understand I may be responsible for payment in the event of cancellation or postponement of the field trip; or if my child does not attend the field trip. **No refunds will be granted.**

Phone number in case of emergency

Parent/Guardian Signature

Printed Name:

*Please attach information on pertinent physical or medical concerns that the staff should be aware of (i.e., allergic to bee stings, etc.).*